

5 Ways to Look Better In Any Photo

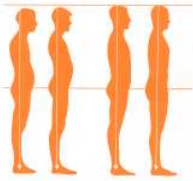
#1 Smile



Yes, it's that simple. Just smile. People often tell me that they don't like to smile in photos saying "my eyes close up" or "I don't like my teeth". But when we show them both smiling and non-smiling photos from their portrait session, after a shot by shot comparison 99% choose the smiling shots. Just smile.

#2 Posture

A simple but obvious tip, stand tall, shoulders back, stomach in, chest out. Not in a military fashion, but in a relaxed and confident way.



We all want to look taller and slimmer, proper posture is so simple and makes a huge difference.

#3 Red Eye

Some people seem to get red eye more than others. It is caused by the camera's flash reflecting off the red blood vessels at the back of your eyes. The simplest solution that usually works is not to look directly at the camera but slightly off to one side or a little above or below the camera.



#4 Angle

Angle your body slightly in photos. It adds interest, and slims at the same time. Angles give the illusion of movement. A body turned straight into the camera looks static and boring... and wider.



#5 Up and Out

Double chins can often be improved by just lifting the chin slightly up and projecting it out. Only a half inch or less should do the trick.



Spencer Studio

www.spencerstudio.com

©2008 Robin Spencer
Master Photographer